

# DRUG AND ALCOHOL SUPPORT SERVICES SOUTHERN HEALTH AND SOCIAL CARE TRUST AREA

This publication can also be downloaded from [www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)

## SERVICES FOR ADULTS

### Drug and Alcohol Harm Reduction Service

Aimed at those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers & injecting drug users).

Open Access/Self Referrals Accepted  
**Extern (Southern Trust Drug & Alcohol Harm)**

☎ 07822 872468  
✉ [southernasm@extern.org](mailto:southernasm@extern.org)

**DePaul NI (Harm Reduction Service for Chronic Alcohol and Drug Users)**

☎ 028 8772 5860  
☎ 0752 9144 121

### Aftercare Addiction Service

Offering one to one counselling, 6-12 week (non-residential) treatment programmes, relapse prevention and family support.

Open Access/Self Referrals Accepted  
**Davina's Ark**

☎ 028 3027 9407

### Adult Step 2 Service

One to one therapeutic treatment and support service for alcohol and/or drug misuse. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted  
**Links Counselling**

Online Referral Form:  
[www.links counselling.com/get-counselling](http://www.links counselling.com/get-counselling)

☎ 028 3834 2825  
✉ [info@links counselling.com](mailto:info@links counselling.com)  
🌐 [www.links counselling.com](http://www.links counselling.com)

### Southern Trust Community Addictions Service

Statutory Addictions Service providing a range of specialist services within a community setting. GP, Statutory Mental Health Practitioner and Prison Service Referrals. Addictions inpatient treatment is accessible through the statutory addictions service.

☎ 028 3756 4513

For more detailed information on services available in your HSCT area visit:  
[www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)



"Addressing drugs and alcohol together"

For further information on mental health and emotional wellbeing services visit:  
[www.mindingyourhead.info/](http://www.mindingyourhead.info/)



## YOUNG PEOPLE/FAMILY

### Newry Youth Engagement Service (YES)

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

Open Access  
**Magnet Young Adult Centre (Magnet YAC)**

☎ 028 3025 2214 ✉ [yes.magnetyac@gmail.com](mailto:yes.magnetyac@gmail.com)

### Banbridge Youth Engagement Service (YES)

A youth friendly, holistic health and well-being service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

Open Access  
**FutureProof NI**

☎ 028 4062 4511 ✉ [info@futureproofni.org](mailto:info@futureproofni.org)

### Targeted Lifeskills Service

Groupwork programmes for young people, aged 11-25 years, focussed on lifeskills and harm reduction. Targeted at At-Risk/Vulnerable Groups

**Start 360**  
☎ 028 3832 2714

### Steps to Cope/ Hidden Harm

For young people aged 11-25 who have been impacted by parental substance use and mental health problems.

Open Access/Self Referrals Accepted  
**ASCERT**

☎ 0800 2545123  
🌐 [www.stepstocope.co.uk](http://www.stepstocope.co.uk) ✉ [stc@ascert.biz](mailto:stc@ascert.biz)

### DA-FACTS Youth Treatment & Support Service

For children and young people aged 11 – 25 years. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted  
**Dunlewey Addiction Services**

☎ 0780 3413 049

### Pharos

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse.

Social Services/Addiction Services Referrals  
**Barnardos**

☎ 028 9066 3470  
🌐 [www.barnardos.org.uk/what-we-do/services/pharos-southern-board](http://www.barnardos.org.uk/what-we-do/services/pharos-southern-board)

### DAMHS (Drug and Alcohol Mental Health Service)

Range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties.

GP/CAMHS Referrals  
**SHSCT**

☎ 028 3839 2112

## SPECIFIC GROUPS

### Needle and Syringe Exchange Sites

Please note NSP Direct is now available across Northern Ireland and can be accessed using any postcode. This is an independent, free, confidential service which discreetly delivers injecting equipment directly to your door. Access to this is at:

🌐 [www.exchangesupplies.org/nspsdirect](http://www.exchangesupplies.org/nspsdirect)

#### Northern Pharmacies

📍 Brownlow Health Centre, Craigavon  
☎ 028 3834 1462

#### Boots

📍 Scotch Street, Armagh  
☎ 028 3752 3199

#### McKeagney Chemists

📍 5 John Mitchel Place, Newry  
☎ 028 3026 2606

#### Gordon's

📍 19 Newry Street, Banbridge BT62 3AG  
☎ 028 4062 2292

#### Pharmacy Plus

📍 92 Thomas Street, Portadown, Craigavon  
☎ 028 3833 0266

#### Partridges

📍 36 High Street, Lurgan BT66 8AU  
☎ 028 3832 2096

Extern Drug and Alcohol Harm Reduction Service also offer needle and syringe services.

### Group Support

Call or go online to find a meeting near you:

#### Alcoholics Anonymous

12 Step Programme/Group Meetings  
☎ 028 9035 1222 🌐 [www.alcoholicsanonymous.ie](http://www.alcoholicsanonymous.ie)

#### AlAnon

Group Support for Family Members  
☎ 028 9068 2368 🌐 [www.al-anonuk.org.uk](http://www.al-anonuk.org.uk)

#### Alateen

Group Support for Teenagers  
☎ 028 9068 2368 🌐 [www.al-anonuk.org.uk/alateen](http://www.al-anonuk.org.uk/alateen)

#### Narcotics Anonymous

12 Step Programme/Group Meetings  
☎ 0300 365 1010 (3pm - 10pm)  
🌐 [www.na-northernireland.org](http://www.na-northernireland.org)

### Community/Stakeholder Support

#### Southern Drug & Alcohol Coordination Team/Connections Service (SDACT Connections)

The DACT Connections Service provides information, advice, signposting and awareness raising initiatives to a range of community and stakeholder partners.

☎ 028 3832 2714 (Start 360)  
🌐 [www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)  
✉ [connections@sdact.info](mailto:connections@sdact.info)

### Workforce Development Training Programmes

A range of drug and alcohol training courses for those working with adults, children and young people.

#### ASCERT

☎ 0800 254 5123 ✉ [training@ascert.biz](mailto:training@ascert.biz)  
🌐 [training.ascert.biz](http://training.ascert.biz)

### Regional Service Users Network

Empowering the voice of people with lived experience of substance use

#### ASCERT

☎ 0800 254 5123 ✉ [info@ascert.biz](mailto:info@ascert.biz) 🌐 [www.ascert.biz](http://www.ascert.biz)