DRUG AND ALCOHOL SUPPORT SERVICES
WESTERN HEALTH AND SOCIAL CARE TRUST AREA

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Disclaimer: Whilst every effort has been made to ensure the accuracy of the information provided in this directory, we do not accept any responsibility or liability for any errors that have occurred. It is recommended that you always check directly.

For more detailed information on services available in your HSC Trust area visit: www.drinkworkandme.com

Services for Adults

**HURT**

Range of therapeutic support services for adults with substance misuse issues/difficulties.

Open Access

HURT

Tel: 028 7136 9696

**Low Threshold Services**

Aimed at those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers & injecting drug users).

Open Access/Self Referrals Accepted

**ARC Healthy Living Centre (SOLACE)**

Fernmanagh

Tel: 028 6862 8741

**DePaul Ireland (Foyle Haven) Derry**

Tel: 028 716 5259/ 028 7126 0839

**First Housing**

Tel: 028 8225 2730 (Ramona House - Omagh)

Tel: 028 7137 1849 (Floating Support - Derry)

Tel: 028 7136 1156 (Damiem House - Derry)

**Apothex Housing Derry**

Tel: 028 7126 7957 (The House in the Wells)

Tel: 028 7136 2689 (Foyle Valley House)

**Drink Wise, Age Well**

Offers therapeutic treatment and support to individuals aged 50+ who are concerned about their alcohol use/misuse.

Open Access/Self Referrals Accepted

**Addiction NI**

Tel: 028 7116 0236 (Derry)

Tel: 028 7131 4239

**ARC Healthy Living Centre (Asha Centre, TFH, Omagh)**

Tel: 028 8283 9240 (Omagh)

**Domiciliary Outreach Programme**

Alcohol and Drug Service for Older People.

Open Access/Self Referrals Accepted

WHSCRT

Tel: 028 7131 4239

**Steps to Change**

One to one therapeutic treatment and support service for alcohol and/or drug misuse. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted

**ASCERT**

Tel: 028 8244 8170  
Tel: 0800 254 5123

**Statutory Addiction Service**

Provided by a range of specialist teams within community and hospital settings.

**GP/Health Professional Referrals**

WHSCRT

Tel: 028 7186 5237/5239/5240 (Woodlea House, Derry)

Tel: 028 6638 2073 (Enniskillen)

Tel: 028 8283 5453/5365 (Asha Centre, TFH, Omagh)

Residential treatment is accessible through the statutory addiction service and is provided by a number of agencies including those listed below.

Addiction Service Referrals

**Asha Centre, TFH, Omagh, Detox Unit**

Tel: 028 8283 5453/5365

**Northlands**

6 week residential rehab programme.

Tel: 028 7131 3232

**Enniskillen Youth Engagement Service (YES)**

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

Open Access

Find Centre

Tel: 028 6632 5559

**Derry Youth Engagement Service (YES)**

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

Open Access

**Longtower**

Tel: 028 7136 6099

**HURT Drug and Alcohol Lifeskills Programme**

HURT Drug and Alcohol Lifeskills Programme can deliver workshops in school, youth and community settings.

Open Access

HURT

Tel: 028 7136 9696

**Strengthening Families Programme**

Parents and children participate in the 14-week SFP, both separately in teen and parent sessions, and then together in family sessions.

Targeted at At-Risk/Vulnerable Families

Derry Healthy Cities

Tel: 028 7161 1384

**Targeted Lifeskills Service**

Groupwork programmes for young people, aged 11-25, focussed on lifeskills and harm reduction.

Targeted at At-Risk/Vulnerable Groups

ASCERT

Tel: 028 8244 8170 or

Tel: 0800 254 5123

**Steps 2 Cope**

Online support and self help resources for young people, aged 11-18, affected by a parents’ use of alcohol.

ASCERT & Barnardos

[www.stepstocope.co.uk](http://www.stepstocope.co.uk)

**DAISY**

One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted

ASCERT & Start 360

Tel: 028 7137 1162

**Voices**

Therapeutic treatment and support for families and children affected by parental alcohol and/ or drug misuse.

Social Services/Addiction Services Referrals

Start 360

Tel: 028 7137 1162

**DAMHS (Drug & Alcohol Mental Health Service)**

A range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties.

GP/CAMHS Referrals

WHSCRT

Tel: 028 7186 5238

**Needle and Syringe Exchange Sites**

**Lloyd’s Pharmacy**

1 Ebrington Terrace, Derry

Tel: 028 7134 2454

28 Belmore Street, Enniskillen

Tel: 028 6632 2202

**Superdrug**

Ferryquay Street, Derry

Tel: 028 7126 3334

**Mourne Pharmacy (Medicare)**

8a Beechmount Ave, Strabane

Tel: 028 7188 5548

**Gordon’s Pharmacy**

Unit 2, 57-61 Main Street, Limavady

Tel: 028 7766 3438

**Group Support**

HURT offers a free and find a meeting near you:

**Alcoholics Anonymous**

12 Step Programme/Group Meetings

Tel: 028 9043 4848

[www.alcohicsanonymouise.ie](http://www.alcohicsanonymouise.ie)

**AlAnon**

Group Support for Family Members

Tel: 028 9068 2368

[www.alanoni.org.uk](http://www.alanoni.org.uk)

**Alateen**

Group Support for Teenagers

Tel: 028 9068 2368

[www.alateen.uk](http://www.alateen.uk)

**Narcotics Anonymous**

12 Step Programme/Group Meetings

Tel: 07810 172 991

[www.na-ireland.org](http://www.na-ireland.org)

**Community/Stakeholder Support**

Western Drug & Alcohol Coordination Team/ Connections Service (WDACT Connections)

The DACT Connections Service provides information, advice, signposting and awareness raising initiatives to a range of community and stakeholder partners.

Tel: 0800 254 5123 (ASCERT)

[www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)

[connections@wdatact.info](mailto:connections@wdatact.info)

**Workforce Development Training Programmes**

A range of drug and alcohol training courses for those working with adults, children and young people.

ASCERT

Tel: 0800 254 5123

**Drink, Work and Me**

Offers one-to-one and online support alongside training to enable employers to recognise the impact of alcohol related harm on the individual and the workplace.

Addiction NI

Tel: 028 9066 4434

[www.drinkworkandme.com](http://www.drinkworkandme.com)

In Crisis? Call

**Lifeline**

0808 808 8000

FREE 24/7 HELPLINE

"Addressing drugs and alcohol together"