

# DRUG AND ALCOHOL SUPPORT SERVICES

SOUTH EASTERN HEALTH AND SOCIAL CARE TRUST AREA

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This publication can also be downloaded from [www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)



## Services for Adults

### MARC Project

Drop in service for chronic drinkers in the North Down and Ards area offering basic care, housing and crisis support.

#### The Link

☎ Tel: 028 9182 1124

### South Eastern Outreach Team

Low threshold service aimed at those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers and injecting drug users).

[Open Access/Self Referrals Accepted](#)

#### Simon Community

☎ Tel: 074 3575 4307

☎ Tel: 074 3575 4302

☎ Tel: 074 3575 4301

### Community Based Adult (Step 2) Service

One to one therapeutic treatment and support service for alcohol and/or drug misuse. Family members can also get advice and support - regardless of whether their significant other is seeking help.

[Open Access/Self Referrals Accepted](#)

#### Dunlewey Addiction Service

☎ Tel: 028 9039 2547

### Statutory Addiction Service

Provided by a range of specialist teams within community and hospital settings.

[GP & Mental Health Professional Referrals](#)

#### SEHSCT

☎ Tel: 028 9151 2159 (Newtownards)

☎ Tel: 028 9266 8607 (Lisburn)

☎ Tel: 028 4451 3921 (Down)

Residential treatment is accessible through the statutory addiction service.

[Addiction Service Referrals](#)

Ward 15, Downshire.

☎ Tel: 028 4451 3922

## Young People/Family

### Bangor Youth Engagement Service (YES)

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

[Open Access](#)

#### Extern (based in Bangor YMCA)

☎ Tel: 028 9145 4290

### Targeted Lifeskills Service

Groupwork programmes for young people, aged 11-25, focussed on lifeskills and harm reduction.

#### LYMCA

☎ Tel: 028 9267 0918

### Steps 2 Cope

Online support and self help resources for young people, aged 11-18, affected by a parent's use of alcohol.

#### ASCERT & Barnardos

☎ [www.stepstocope.co.uk](http://www.stepstocope.co.uk)

### DAISY

One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is seeking help.

[Open Access/Self Referrals Accepted](#)

#### Start 360 & ASCERT

☎ Tel: 028 9043 5815

### Pharos

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse.

[Social Services/Addiction Services Referrals](#)

#### Barnardos

☎ Tel: 028 9066 3470

### DAMHS (Drug and Alcohol Mental Health Service)

Offering a range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties.

[GP/CAMHS Referrals](#)

#### BHSCT DAMHS

☎ Tel: 028 9063 8000

## Specific Groups

### Needle and Syringe Exchange Sites

#### Clear Pharmacy

📍 5 Church Street, Bangor

☎ Tel: 028 9127 1820

#### Gordon's Pharmacy

📍 35-37 Market Street, Downpatrick

☎ Tel: 028 4461 2014

📍 56 Bow Street, Lisburn

☎ Tel: 028 9267 4747

📍 2a Regent Street, Newtownards

☎ Tel: 028 9181 3217

### Group Support

Call or go online to find a meeting near you:

#### Alcoholics Anonymous

12 Step Programme/Group Meetings

☎ Tel: 028 9035 1222

☎ [www.alcoholicsanonymous.ie](http://www.alcoholicsanonymous.ie)

#### AlAnon

Group Support for Family Members

☎ Tel: 028 9068 2368

☎ [www.al-anonuk.org.uk](http://www.al-anonuk.org.uk)

#### Alateen

Group Support for Teenagers

☎ Tel: 028 9068 2368

☎ [www.al-anonuk.org.uk/alateen](http://www.al-anonuk.org.uk/alateen)

#### Narcotics Anonymous

12 Step Programme/Group Meetings

☎ Tel: 0300 365 1010

☎ [www.na-northernireland.org](http://www.na-northernireland.org)

### Community/Stakeholder Support

#### South Eastern Drug and Alcohol Coordination Team/Connections Service (SEDACT Connections)

The DACT Connections Service provides information, advice, signposting and awareness raising initiatives to a range of community and stakeholder partners.

☎ Tel: 0800 254 5123 (ASCERT)

☎ [www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)

✉ [connections@sedact.info](mailto:connections@sedact.info)

### Workforce Development Training

A range of drug and alcohol training courses for those working with adults, children and young people.

#### ASCERT

☎ Tel: 0800 254 5123

For more detailed information on services available in your HSCT area visit:

[www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)



"Addressing drugs and alcohol together"

In Crisis?  
Call

Lifeline

FREE 24/7 HELPLINE  
0808 808 8000